

PRE OPERATIVE INSTRUCTIONS

1. If you are presently taking any medications, (ex. insulin, heart pills, etc.), please check with your primary care physician regarding pre-operative requirements.
2. **DO NOT** take any aspirin for 10 days prior to surgery. Aspirin prolongs bleeding and could predispose to complications. Aspirin and aspirin-containing compounds include, but are not limited to:
 - Bufferin, Anacin, Excedrin
 - Alka-Seltzer, Percodan, Fiorinal
 - Cold Formulas such as Nytol
 - Aspirin related medications, such as Motrin, Nuprin, and Advil
 - Indocin, Feldane
 - Coumadin, Plavix**IMPORTANT**—If you are taking a blood thinner, please consult with your physician and/or cardiologist as to when to stop this medication prior to your scheduled surgical procedure.
3. **STOP** taking any products containing vitamin E and all herbal medicine at least **2 weeks** prior to your scheduled procedure. **STOP** all oral contraceptives and hormone replacement **4 weeks** prior to your surgery.
4. **DO NOT** come to the hospital alone. Someone must be present to drive you home or your surgery must be cancelled. Please do not bring children with you.
5. **DO NOT** bring any valuables (ex. jewelry, cash, credit cards).
6. **DO NOT** eat or drink anything after midnight the night before your surgery.
7. Bring your insurance cards.
8. Wear comfortable clothing. A surgery gown and socks will be provided.
9. Please complete **ALL PRE OPERATIVE TESTING** (History and Physical, bloodwork, EKG, chest x-ray, etc.) **AT LEAST** 72 hours prior to your surgical date. All pre-operative testing results must be faxed to Advanced Plastic Surgery at 410-427-5519 and the St. Joseph Medical Center Pre-Admission Testing Department at 410-427-2060 (if your surgery is in the hospital).

IT IS THE RESPONSIBILITY OF THE PATIENT TO COMPLETE ALL PRE-ADMISSION TESTING PRIOR TO THE SCHEDULED SURGERY DATE. FAILURE TO DO SO WILL RESULT IN THE CANCELLATION OF YOUR SURGERY.

10. On the day of your surgery, please report to the Patient Registration area in the Ambulatory Services Center of the main hospital. You must report to this area **AT LEAST 1 ½ HOURS BEFORE YOUR SCHEDULED SURGERY TIME. FAILURE TO DO SO WILL RESULT IN THE CANCELLATION OF YOUR SURGERY.**
11. Fill any prescribed medicines from Dr. Soueid **before** the surgery day.
If you have any further questions, please do not hesitate to call us at **410-427-5555**.